



Plainfield Running Club

Membership Application

Name _____

Address _____

City _____ State _____ Zip _____

Email _____

Phone _____ Alternate phone _____

Emergency Contact _____ Phone _____

Membership data – List all additional members

Name	Age	Date of Birth	Gender (M/F)
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Annual dues: Ha... Free!!! Payment is sharing the love of running with others...

Mailing Address:

**Plainfield Running Club
PO Box 1222, Plainfield, IL 60544**

CLUB MEMBERSHIP WAIVER

I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in the club activities unless I am medically and properly trained. I agree to abide by the decision of a race official relative to my ability to safely complete any event. I assume all risk associated with running and volunteering to work in club races, including, but not limited to falls, contact with participants, the effects of weather, including high heat and humidity, the conditions of road and traffic on the course, all such risks being known to and appreciated by me. Having read this waiver and knowing the facts, and in consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive and release the Plainfield Running Club and all sponsors, their representatives and successors from all claims or liabilities to any kind arising out of my participation in these club activities even though that liability may arise out of negligence or carelessness on the part of the persons in this waiver.

All members age 18 and over must sign this waiver. Parents or guardian must sign for anyone under 18 years of age

Signature Date ___/___/___

Signature Date ___/___/___

RUNNING FOR THE HEALTH OF IT



- Get in shape - Stay in shape
- Train for the next race
- Stay motivated
- Meet new friends

Runners are unique...We have to stick together!

Join us for:

Group Runs

- ✓ Tuesday and Thursday evenings
- ✓ Where: DNA Active Outfitters, downtown Plainfield
- ✓ Meet 6:20 pm - Run at 6:30pm
- ✓ Check Facebook Page for updates - facebook.com/plainfieldrunningclub
- ✓ All abilities welcome
- ✓ Various distances